

Kingfisher Primary School
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BSc (Hons)



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Artsmark
Gold Award
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Wednesday 30th September 2026

Dear Parents and Carers,

World Mental Health Day – 09.10.26

On Friday 9th October, we will be celebrating World Mental Health Day. This is an important day to raise awareness of mental health and to encourage children and adults to talk about how they are feeling.

As part of our continued work surrounding children's mental health and well-being, we will be spending time, throughout the school day, to engage with in-class activities centred around identifying and coping with different emotions. These activities aim to foster a supportive environment where children can learn how to listen mindfully to one another and provide support for themselves and others. We understand the importance for children to feel empowered expressing their feelings openly.

As part of our participation on Friday 9th October, we are holding a non-uniform day and encouraging all pupils and staff to wear yellow. E.g. a yellow t-shirt, a yellow dress, yellow trousers or even yellow socks!

We are not asking for donations this year, we think it is important to spend a day thinking about all of our Mental Health and to raise awareness.

With best wishes,

Mr Jack Green
Head teacher

