



Monday 9th February 2026

Dear Parents and Carers,

We are writing to let you know that on Monday 23rd March 2026, Kingfisher Primary School will be celebrating World Down Syndrome Day.

World Down Syndrome Day is marked globally on 21st March each year and is an opportunity to celebrate people with Down syndrome, raise awareness, and promote inclusion and understanding.

The official theme for World Down Syndrome Day 2026 is "Together Against Loneliness." This theme highlights that while everyone can feel lonely at times, people with Down syndrome and other intellectual disabilities are more likely to experience loneliness due to barriers to inclusion and meaningful relationships. The message is clear: real inclusion, belonging, and connection matter.

At Kingfisher, this message strongly reflects our values. We want all children to understand that being included is about more than simply being present; it is about feeling welcomed, valued, and connected.

What will children be doing?

Across the day, pupils will take part in:

- Age-appropriate learning and discussions about Down syndrome and inclusion
- Assemblies and class activities focused on kindness, friendship, and belonging
- Opportunities to hear real stories and voices that help challenge stereotypes and build understanding

All learning will be delivered sensitively and positively, with a strong focus on celebrating difference and promoting respect.

Lots of Socks

To help us mark the day, children are invited to take part in the global 'Lots of Socks' campaign by wearing their brightest, boldest or mismatched socks on Monday 23rd March. Wearing eye-catching socks is a fun and simple way to start conversations and raise awareness of Down syndrome. When people notice the socks and ask questions, it creates an opportunity to talk about diversity, uniqueness, and inclusion in an accessible and positive way. Participation is entirely optional and there is no expectation to buy anything special.



Why this matters?

World Down Syndrome Day helps us create a shared voice for inclusion and reminds us that everyone has the right to friendship, belonging and a full life within their community. By learning together, we help children develop empathy, understanding, and respect that will stay with them beyond the classroom.

Thank you, as always, for your continued support in helping us build a kind, inclusive school community.

With best wishes,



Mr Dan Glentworth
Head teacher

