

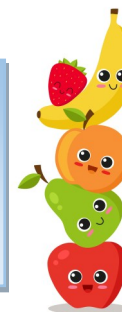


Lunch Menu

Week 1

Available daily:

Fresh fruit, water and yoghurts.
Wholegrain Basil & Tomato Pasta
Bread



MONDAY



MEAT FREE MONDAY

Cheese and Tomato Pizza

(V) G,M,C

Farmhouse Veg

Sweetcorn

Ice Cream with Fruit Cocktail M

TUESDAY



Wholemeal Spaghetti

Bolognaise G

Wholemeal Quorn Bolognaise

(V) G S

Mixed Vegetables

Green Beans

Marble Cake G,M,E

WEDNESDAY



Roast Chicken with Roast
Potatoes and Gravy

Leek, Potato and Cheese

Crumble (V) M,G

Savoy Cabbage

Diced Carrots

Chocolate Shortbread with

Orange Wedge G

THURSDAY



Pork Sausage with Wedges G,

Quorn Sausage with Wedges

(V) ,S,G

Baked Beans

Sweetcorn

Mixed Spice and Raisin Flapjack

G

FRIDAY



White Fish and Chips G,F,

Vegan Schnitzel with Chips

(V) G,S

Garden Peas

Baked Beans

Chocolate Brownie

G,E,M

Other options available EVERY DAY:

Jacket Potato

Choose from:

Beans, Cheese, Salmon or Tuna served
with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling
on Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich,
Wrap or Bap, Yoghurt, dessert of day,
raisins or fruit.

Allergens: celery, cereals, crustaceans, eggs,
fish, lupin, milk, sesame, molluscs, mustard,
peanuts, soya, sulphites and gluten.



Key: G—contains gluten M—contains milk
C—contains celery powder S—contains soya



Lunch Menu

Week 2

Available daily:

Fresh fruit, water, yoghurts,
Wholegrain Basil & Tomato Pasta
Bread



MONDAY



MEAT FREE MONDAY

Cheese and Tomato Pizza (V)
G,M,C

Mixed Vegetables
Green Beans

Ice Cream with Peaches M

TUESDAY



Cottage Pie M

Shepherdess Pie (V) S,M

Sweetcorn

Peas

Iced Chocolate Cake G,M

WEDNESDAY



Roast Chicken with Roast

Potatoes and Gravy

Quorn Roast with Roast Potatoes (V) E,M

Cabbage

Diced Carrot

Pineapple Flapjack G

THURSDAY



Pork Sausage Roll with Wedges

G,

Vegan Sausage Roll with Wedges (V) G,S

Sweetcorn

Country Vegetables

Lemon Shortbread G

FRIDAY



Fish Finger and Chips G,F,

Vegan Nuggets with Chips (V)

G

Garden Peas
Baked Beans

Cheese and Biscuit G,M

Other options available EVERY DAY:

Jacket Potato

Choose from:

Beans, Cheese, Salmon or
Tuna served with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling
on Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich,
Wrap or Bap, Yoghurt,

Pudding of Day, Raisins or Fruit.

Allergens: celery, cereals, crustaceans, eggs,
fish, lupin, milk, sesame, molluscs, mustard,
peanuts, soya, sulphites and gluten.



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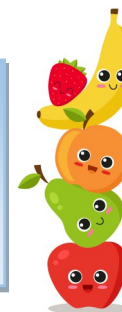


Lunch Menu

Week 3

Available daily:

Fresh fruit, water and yoghurts.
Wholemeal Basil & Tomato Pasta
Bread



MONDAY



MEAT FREE MONDAY

Cheese and Tomato Pizza (V)
G,M,C

Green Beans
Sweetcorn

Jelly with Mandarins

TUESDAY



Sticky Sesame Chicken with
Savoury Rice S

Sticky Sesame Quorn with
Savoury Rice (V) S

Peas
Mixed Vegetables

Iced Sprinkle Sponge M,G,E

WEDNESDAY



Roast Chicken with Roast
Potatoes and Gravy

Cauliflower and Sweetcorn
Bake (V) G,M

Cabbage
Diced Carrot

Raisin and Lemon
Cookie G,M,E,S

THURSDAY



Chicken Burger with Wedges G

Vegan Bean Burger with
Wedges (V) G,S

Country Vegetables

Sweetcorn

Mixed Spice Shortbread G

FRIDAY



White Fish and Chips G,F

Vegan Fishless Fish Fingers with
Chips (V) G,S

Garden Peas
Baked Beans

Chocolate Rice Krispie G

Other options available EVERY DAY:

Jacket Potato

Choose from:

Beans, Cheese, Salmon or Tuna
served with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling on
Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich, Wrap or
Bap, Yoghurt, fruit or raisins and Pudding of
day,

Allergens: celery, cereals, crustaceans, eggs, fish,
lupin, milk, sesame, molluscs, mustard, peanuts,
soya, sulphites & gluten



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