



Lunch Menu

Week 1

Available daily:

Fresh fruit, water and yoghurts.
Wholegrain Basil & Tomato Pasta
Bread



MONDAY



MEAT FREE MONDAY

Cheese and Tomato Pizza

(V) G,M,C

Farmhouse Veg

Sweetcorn

Ice Cream with Fruit Cocktail M

TUESDAY



Beef Meatballs in a Tomato
Sauce with Veggie Rice G

Vegan Meatballs in a Tomato
Sauce with Veggie Rice (V) G,S

Mixed Vegetables

Green Beans

Vanilla Flapjack with Raisins G

WEDNESDAY



Roast Chicken with Roast
Potatoes and Gravy

Quorn Roast (V) E,M

Savoy Cabbage

Sliced Carrots

Lemon Drizzle Cake G,M,E

THURSDAY



Pork Hotdog with Wedges G,

Quorn Frankfurter with Wedges
(V) ,S,G

Peas

Sweetcorn

Oaty Cookie with Orange

Wedge G

FRIDAY



White Fish and Chips G,F,

Vegan Fishless Fish Fingers with
Chips

(V) G,S

Garden Peas

Baked Beans

Chocolate Brownie

G,E,M

Other options available EVERY DAY:

Jacket Potato

Choose from:

Beans, Cheese, Salmon or Tuna served
with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling
on Bread, Wrap or Bap
Contents of Packed Lunch: Sandwich,
Wrap or Bap, tube of fromage frais
dessert of day, raisins or fruit.

Allergens: celery, cereals, crustaceans, eggs,
fish, lupin, milk, sesame, molluscs, mustard,
peanuts, soya, sulphites and gluten.



Key: G—contains gluten M—contains milk
C—contains celery powder S—contains soya



Lunch Menu

Week 2

Available daily:
 Fresh fruit, water, yoghurts,
 Wholegrain Basil & Tomato Pasta
 Bread



MONDAY

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MEAT FREE MONDAY

Cheese and Tomato Pizza (V)
 G,M,C

Mixed Vegetables
 Green Beans

Ice Cream with Peaches M

TUESDAY

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Chicken Korma with Veg Rice
 M

Vegetable and 5 Bean Curry
 with Veg Rice (V)

Sweetcorn
 Peas

Shortbread Orange Wedge G

WEDNESDAY

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Roast Chicken with Roast
 Potatoes and Gravy

Quorn Fillet with Roast Potatoes (V) S,C

Cabbage
 Diced Carrot

Raspberry Swirl Cake G,M

THURSDAY

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Beef Burger with Wedges G,

Vegan Protein Burger with
 Wedges (V) G,S

Sweetcorn
 Country Vegetables

Jelly with Fruit Cocktail

FRIDAY

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Fish Finger and Chips G,F,M

Cheese and Bean Burrito with
 Chips (V) G,M

Garden Peas
 Baked Beans

Cheese and Biscuit G,M

Other options available EVERY DAY:

Jacket Potato

Choose from:
 Beans, Cheese, Salmon or
 Tuna served with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling
 on Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich,
 Wrap or Bap, Tube of Fromage Frais

Pud of Day, Raisins or Fruit.

Allergens: celery, cereals, crustaceans, eggs,
 fish, lupin, milk, sesame, molluscs, mustard,
 peanuts, soya, sulphites and gluten.

Key: G—contains gluten M—contains milk
 C—contains celery powder S—contains soya



Lunch Menu

Week 3

Available daily:
 Fresh fruit, water and yoghurts.
 Wholemeal Basil & Tomato Pasta
 Bread



MONDAY

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MEAT FREE MONDAY

Cheese and Tomato Pizza (V)
 G,M,C

Green Beans
 Sweetcorn

Ice Cream with Mandarins M

TUESDAY

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Beef Bolognese Pasta Bake
 G,S,M

Quorn Pasta Bake (V) G,S,M

Mixed Vegetables

Chocolate Iced Sponge M,G,E

WEDNESDAY

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Roast Chicken with Roast
 Potatoes and Gravy

Leek, Potato and Sweetcorn
 Bake (V) G,M

Cabbage
 Sliced Carrot

Raisin and Lemon
 Cookie G

THURSDAY

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Chicken Goujons with Wedges
 G

Vegan Dippers with Wedges
 (V) G,S

Country Vegetables
 Sweetcorn

Spiced Apple cake G,M,E

FRIDAY

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White Fish and Chips G,F

Vegan Nuggets with Chips (V)
 G,S

Garden Peas
 Baked Beans

Chocolate Rice Krispie

Other options available EVERY DAY:

Jacket Potato

Choose from:
 Beans, Cheese, Salmon or Tuna
 served with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling on
 Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich, Wrap or
 Bap, Tube of Fromage Frais, Pud of day,
 Raisins or Fruit.

Allergens: celery, cereals, crustaceans, eggs, fish,
 lupin, milk, sesame, molluscs, mustard, peanuts,
 soya, sulphites & gluten

Key: G—contains gluten M—contains milk
 C—contains celery powder S—contains soya